



PITTSFORD AREA SCHOOLS

LUNCH MENU FOR OCTOBER 01—OCTOBER 31, 2019

MEAL PRICING

Lunch Full Price \$

Reduced Lunch .

Milk Pricing .

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1		1 WG Macaroni & Cheese Green Beans Mixed Vegetables Cherry Applesauce WG Roll	2 WG Chicken Quesadilla Corn & Black Beans Diced Carrots Mixed Fruit WG Roll	3 WG Chicken Patty on WG Bun Baked Beans Coleslaw Diced Peaches	4 <u>NO SCHOOL</u>
WEEK 2	7 WG Pepperoni Pizza Broccoli & Cheese Corn & Black Beans Mixed Fruit	8 WG Spaghetti w/Meat Sauce Seasoned Spinach Diced Carrots Pineapple in juice WG Garlic Toast	9 WG Corn dog Smile Fries Coleslaw Diced Peaches	10 WG Chicken Nuggets Mashed Potatoes w/Chicken Gravy Corn Cherry Applesauce WG Roll	11 Cheeseburger on WG Bun Smile Fries Diced Carrots Strawberries
WEEK 3	14 Mashed Potatoes w/Chicken Gravy Green Beans Corn Cherry Applesauce WG Roll	15 WG Pizza Dipper w/Sauce Peas Diced Carrots Diced Pears LS	16 WG Chicken Parmesan Sandwich Broccoli & Cheese Baked Potato Diced Peaches LS	17 WG Walking Taco Diced Carrots Refried Beans w/Cheese Mixed Fruit WG Roll	18 WG Pepperoni Pizza Green Beans Corn & Black Beans Pineapple in juice
WEEK 4					
WEEK 5	21 Mashed Potatoes w/Beef Gravy Green Beans Corn Diced Peaches WG Roll	22 Sloppy Joe on WG Bun Smile Fries Diced Carrots Mixed Fruit	23 Coney Cheese Dog on WG Bun Broccoli Baked Potato Cherry Applesauce	24 WG Beef Nacho Deluxe Diced Carrots Refried Beans w/Cheese Pineapple in juice	25 WG Turkey & Cheese Sub WG Chips Fresh Baby Carrots w/Ranch California Blend Diced Peaches LS
	28 WG Pepperoni Pizza Broccoli & Cheese Corn & Black Beans Mixed Fruit	29 WG Spaghetti w/Meat Sauce Seasoned Spinach Diced Carrots Pineapple in juice WG Garlic Toast	30 WG Corn dog Smile Fries Coleslaw Diced Peaches	31 WG Chicken Nuggets Mashed Potatoes w/Chicken Gravy Corn Cherry Applesauce WG Roll	

OTHER DAILY SELECTIONS

Milk

Fat Free Chocolate
1% White
Skim

Condiments

Ketchup, Lite
Ranch, Lite Salad
Dressing, Cheddar
Cheese Sauce

LS= Light Syrup
WG =Whole Grain

*Menu is subject to
change, based on food
availability